APPNA MERIT HIV Awareness, Prevention, and Education Project in Pakistan



A Project of MERIT HIV Committee

HIV Webinar Series: Webinar #15

Current HIV Treatment and Care Delivery Model in Balochistan - Identifying Gaps and Challenges



Sunday September 18th, 2022 at 8:00 PM Pakistan time (11:00 AM US Eastern Time)

Host



Fizza S. Gillani

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Moderator



Dr. Saima Abbas MD

Infectious Disease Physician Space Coast Infectious Disease Care, FL, USA

Panelists



Speaker

Dr. Khudadad khan ART Physician & Incharge HIV/ AIDS Care, Support & Treatment Center, BMC Hospital, Quetta, Pakistan

Dr. Malik Muhammad Umair

HIV Treatment Specialist, PR unit of Global Fund NACP (National AIDS Control Program)



Prof. Dr. Bushra Jamil

Aga Khan University President, Medical Microbiology and Infectious Diseases Society of Pakistan (MMIDSP)

Registration Link: http://bit.ly/merit-hiv

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In collaboration with

Brown University: Alpert Medical School at Brown University, Providence, RI



MMIDSP: Medical Microbiology & Infectious Diseases Society of Pakistan



Pakistan Society of Internal Medicine



APPNE: Association of Pakistani



Prov/Bos CFAR: Providence-Boston Center fo AIDS Research



CMU: Common Managament Unit HIV, TB, and Malaria, Government of Pakistan









Webinar 15 – Current HIV Treatment and Care Delivery Model in Baluchistan (Sep 18, 2022)

Summary:

Pakistan's Approach to the HIV Epidemic

- Pakistan's issue in responding to HIV
 - o Unfortunately, the current situation is such that Pakistan is behind the expectations of the HIV International Committee
 - o Only 50,000 of 240,00 are aware of their HIV status
 - o The core issue does not have to do with poor physicians or a lack of effort
 - o Due to the provincial structure dividing up HIV information and treatment, the response to HIV in Pakistan has been hindered.
- Pakistan's response to HIV
 - o There is a lack of trust between the public and private sectors resulting in issues with resource allocation
 - o The Provincial Governments of certain provinces has declines to support or help the HIV response.
- Baluchistan's response to HIV
 - o To begin with, Baluchistan does not focus on other diseases that are not as uncommon or are less stigmatized than HIV
 - o With support from the Government of Baluchistan, disease response can become more effective

HIV Statistics

- Global HIV/AIDS Overview
 - o Pakistan is one of only four countries in Asia where the incidence of HIV has continued to increase in the past decade.
 - o HIV is one of the world's most serious public health challenges, with approximately 37.6 million people with HIV in 2020 (1.7 million children)
 - o Upwards of 70% of HIV cases are male (adult and children)
 - o The vast majority of cases are in low/middle income countries: 55% of cases were in eastern and southern Africa, 13% in western and central Africa and 15% in Asia and the pacific
- Baluchistan, Pakistan HIV/AIDS Overview
 - o Treatment status: 88% of patients regularly use ART treatment, while 6% do not follow up
 - o Occupations of HIV positive include Drivers, Housewives, Unemployed, Shopkeepers, Government workers and Abroad workers
 - o 3.15% of HIV positives cases also have a positive HCV result and 6.68% of HIV positives cases also have a positive TB result
 - o The Quetta district has 48.2% of HIV cases

HIV/AIDS in Baluchistan

- ART Services Overview
 - o Two ART centers for Adults/Paeds, with 6 more being built
 - o PPTC services only in Quetta
 - o Injecting Drug Users have increased in the population (38.4% in 2016), infections in male sex workers have also increased significantly